

Olivia

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Will it ever end?

*Quarantine Madness*

This is the main thought going through my head on a daily basis. Life is not particularly boring, yet I feel stuck with no way out of my house other than walking my dog. While there are various ways for me to stay busy, I don't take the initiative to get around to them. I sit on my phone all day long and do absolutely nothing. It has reached a point where I feel paralyzed and cannot do much other than sit on my phone. Before quarantine began, I refused to watch movies or TV shows because I found them boring and useless. Now, I watch at least two movies per day even though I still find many of the movies boring. I now feel too lazy to paint a picture or bake a cake for my family. I am unable to do the things I used to do, even though I have unlimited time to do them now. My brother and I go driving and end up nowhere, but it doesn't make me feel better if I'm not reaching a destination. Driving around Los Angeles is unpleasant and irritating now; everyone is walking alone with masks covering half of their faces. Nobody goes near each other because it brings fear amongst everyone. Learning does not feel effective anymore. I sit at my computer and attempt to listen to the teacher's lectures, but it's highly difficult to maintain my focus through the class. Two months ago, I had a busy weekly exercise regiment. I was swimming twice a week on my school swim team, playing tennis once a week while preparing for the season to begin, going to Pilates once a week, and going to an indoor

cycling class whenever possible. Once quarantine started, all of my exercise and training came to a halt and I had to improvise my daily fitness. Exercising has been the only thing that I have been consistently doing through the “safe at home” order. My goal is to become physically and mentally stronger instead of weaker during this long period of isolation. Overall, learning is hard, life seems useless, and I am awaiting the end of this aggravating time so I can pick up my life where I left off.