

Jacob – Age 17

April 6, 2020

This time during quarantine has been super extremely trying. I am personally struggling to experience peace during this time, as I am someone who is never home. Being home for the entirety of my day has left me feeling low-energy and lazy. I wake up, practice SAT, go to school, do homework, shoot baskets, then go to sleep. While this is basically what I do every day, regardless of whether I am in school or not, this routine during this time has left me wanting more and feeling empty. I have talked to my friends, and they have said that this is how they feel themselves, empty and unentertained. Also, as far as I can tell, COVID-19 has ruined all of my summer plans. I was set to travel all around the country touring schools and playing basketball, but for the foreseeable future, I am unable to do so. However, while this does seem bad, my parents are forcing me to look at the bright side, rather than focusing on all of things that are negative. I have to remember that I am not sick, at least for the moment, and if I take proper care of myself, hopefully I can remain healthy. This time is not about thinking about what we have lost or are unable to do, it is about completing tasks or activities that we wouldn't be able to do during our normal lives.