

Eliana - Age 14

April 14, 2020

While stuck at home in quarantine for a month and a half now, there are a few important lessons I learned. Firstly, my family and I are grateful that our health is not affected by the virus. Lets put in perspective how many things we take for granted. In my fourteen years of living, I never experienced restrictions from family, friends, school and the outdoors. These are things I never thought could be taken away from me so easily. Another lesson I learned is how to keep myself entertained without watching Netflix. I've learned many new skills that I would not have learned otherwise, I am able to have a fun day with my family even if I am stuck at home. In addition, I learned the importance of flexibility. I need to be flexible whether my wifi isn't working during my online class, or I cant go visit family and friends because this situation is unpredictable. Even though every day may feel the same, we need to adjust to changing circumstances. One of the most important lessons I learned, is how to be patient with myself and others. Day by day we wait until we hear that this tragedy will be over. This is patience, we count days until the quarantine lockdown is over only to know that the mayor will extend the lockdown once again, this requires lots of patience. Lastly, many adults and some teens, feel that they have spent more time with their family during quarantine than they have ever imagined. Even though this situation is not ideal and the virus is spreading to people all around the world we need to be able to put things in perspective. Uncertainty and fears like this are part of life and history. As hard as seeing the number of cases rise each day and the number of deaths, better times will come.